



# Cheap & Easy Dog Treats

for pet parents on a budget

In our Puppy Kindergarten and Basic Manners 1 classes, students often ask, "How am I going to afford all these treats?" Easy! You're not going to buy dog treats. You will have higher value treats for less money, too! Here's how to do it.

## EASIEST

- Pre-cooked, frozen chicken breast
- Plain rotisserie chicken breast
- Low-fat string cheese
- Baby food
- Deli meat (1 slice at a 12 or 14 setting)
- Peanut butter (sparingly)

## EASY

Cooked, low-fat meat such as chicken breast, 90/10 ground beef, ground turkey breast, or venison.



## MEATY COOKIES

### Ingredients

- 1/2 can of chickpeas, drained & rinsed
- 1/2 cup of rolled oats
- 1/4 cup unsweetened applesauce
- 1 egg
- 1 cup of lean ground meat (cooked & drained)

### Directions

Preheat oven to 350F.

Blend all ingredients in a food processor until you get a lumpy mashed potato texture.

Add oats to thicken or liquid to thin, as needed.

Spoon onto parchment paper and bake for 20-30 minutes (until bottoms start to brown).

## LICKABLE TREATS

Blend it into a thick paste and put it in a GoToob, Coghlan tube, or baby food jar. Thin with water or low-sodium broth. Thicken with plain rolled oats.

Pumpkin  
Banana  
Peanut Butter

Wet dog food  
Baby food

Tuna  
Cream Cheese  
Baked Potato



**Treats are not bribery.  
They are payment  
for a job well done!**

